

Waiting For Justice That May Never Come
Parents of Young Nigerians Killed in Ghana Mourn



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As Amb. Onafowokan Retires

Protecting Nigeria From Both Internal and External Threats



By Dr. David Leffler

Recently a string of terrorist attacks have occurred as Nigeria has struggled to build a functional and coherent response. Fortunately, there is a science-based approach to create societal coherence that can protect Nigeria from both internal and external threats. It is called Invincible Defense Technology (IDT) because it assures invincibility, peace, and even economic progress, to the nation and the military that employ it.

Invincible Defense Technology (IDT), a Proven, State-of-the-Art, Non-violent Military Solution

The IDT approach to defense has its basis in a radically new preventive model that has been thoroughly field-tested in numerous world battlegrounds. This approach results in rapid reduction of individual, societal and national collective stress. IDT is validated by 23 peer-reviewed studies carried out in both developed and developing nations. Its coherence-creating effect has also been documented on a global scale in a study published in the *Journal of Offender Rehabilitation*. When large assemblies of civilian IDT experts gathered during the years 1983 - 1985, international conflict decreased 32%, terrorism-related casualties decreased 72%, and overall violence was reduced in nations without intrusion by other governments.

IDT is totally unlike any other defense technology because it does not use violence in an attempt to quell violence. It is a more civilized approach, one especially worthy of nations that abhor violence as a means to power. IDT uniquely goes to the root cause of violence - the built-up stress in the individual and collective consciousness. Scientists have evidence that high levels of collective societal stress are the underlying cause of war, violence, crime and terrorism. When the IDT methodology is applied, stress levels

throughout the population are rapidly reduced. In an environment of lowered stress even staunch adversaries find ways to cooperate and overcome long-standing differences.

IDT Reduces Societal Stress

IDT uniquely neutralizes the underlying power base of contending groups, which is the stress, frustration and civil dissatisfaction prevailing in the general population. By eliminating the root cause of insurgency, violent outbreaks are pre-empted and prevented.

IDT is effective because it gets to the heart of the matter. Terrorism often thrives in nations in which decades or even centuries of under-employment, poverty, and hunger have created a huge societal weight of stress,

frustration and endemic unhappiness. This inevitably finds expression in acts of terrorism, civil unrest, social violence, and a downward spiral of economic degradation.

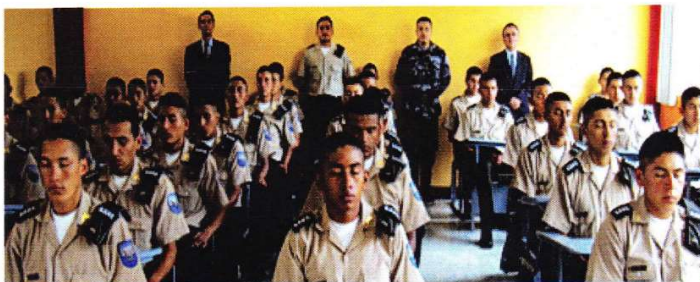
A specially trained military unit, an "IDT Prevention Wing of the Military," uses IDT to reduce stress in the national collective consciousness. IDT could also be introduced into other large groups such as the police forces, or militias. As the stress and frustration ease, the population is more capable of finding orderly and constructive solutions to their

problems.

Experience with IDT in other war-torn nations demonstrated increases in economic incentive and growth. Entrepreneurship and individual creativity also increased. With increased civic calm, people's aspirations are raised and a more productive and balanced society emerges. Such a society abhors violence as a means for change or as an expression of discontent. With this, the ground for terrorism is eliminated. What is more fascinating, this change takes place within a few



Military personnel in Latin America, Africa and Asia practice group Transcendental Meditation to help protect their nations



days or weeks after IDT is introduced. The changes are measurable from such statistics as crime rates, accidents, hospital admissions, infant mortality, etc.

Rapid Transformation Through IDT

The daily routine for the IDT military personnel includes the nonreligious practice of the Transcendental Meditation® program along with its advanced form, the TM-Sidhi program. As a societal coherence-creating military unit, they practice

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Hiroshima: 70 Years After the A-bombing, Time to seize public opinion to advance nuclear abolition

While eyeing a dramatic shift in Japan's postwar security policy, the administration of Prime Minister Shinzo

Abe is moving quickly to strengthen its alliance with the United States, the nuclear superpower. As it clings more tightly to the nuclear umbrella, where is Japan, the only nation to have experienced atomic attack, headed? At the recent Review Conference of the Nuclear Non-proliferation Treaty (NPT), where some 190 member states discussed nuclear disarmament, Japan could not make its presence felt. Revised Japan-U.S. defense cooperation guidelines bolster bilateral alliance

"As minister of foreign affairs, from Hiroshima, I keep close to my heart the hopes of the atomic bomb survivors, and I am determined to make progress toward a world free of nuclear weapons at this Review Conference." On April 27, Foreign Minister Fumio Kishida declared his determination at the General Debate of the NPT Review Conference, which opened in New York on that day.

This year's review conference coincides with the 70th anniversary of the atomic bombings of Japan. For the first time in 10 years, a Japanese foreign minister took part. Moreover, Mr. Kishida was elected from the A-bombed city of Hiroshima. Watching from the gallery, A-bomb survivors and members of non-governmental organizations (NGOs) had hoped that the Japanese government would show strong leadership. However, Japan's only call at the conference was to advance "practical and concrete measures," such as securing the transparency of nuclear arsenals, a demand that the Japanese government has made repeatedly before. Japan's proposal did not present any substantive steps toward eliminating nuclear weapons. The A-bomb survivors and nations dedicated to nuclear disarmament were visibly frustrated and disappointed. **Why can't Japan stand at the forefront?** Why is Japan, the only country in

human history to suffer atomic bombings, unable to stand at the forefront in the quest to abolish nuclear weapons? One reason is the nuclear umbrella provided by the United States, in line with the Japan-U.S.

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these programs twice a day, seven days a week, preferably in a secure location near the targeted population.

Such coherence-creating groups have achieved positive benefits in society, shown statistically, in a short time. Modern statistical methods used in this research show a low probability of any explanation other than a causal influence of the technology. The IDT approach has been used during wartime resulting in the reduction of fighting, a decreased number of deaths and casualties, and an improvement in progress toward resolving the conflict peacefully. The war in Lebanon in 1983 was dramatically impacted in a peaceful way by an IDT Intervention Group. A thoroughly documented study of this phenomenon was published in the Journal of Conflict Resolution, and summaries of follow-up studies were published in the Journal of Social Behavior and Personality and the Journal of Scientific Exploration.

Summary

IDT works by utilizing our natural human brain mechanics, the most powerful natural resource possessed by every nation on earth. The beneficial transformational effects of IDT have been statistically proven numerous times to decrease and prevent violence and terrorism, and boost the economy.

IDT defense technology supersedes all other known defense technologies (which are based on electronic, chemical, and/or nuclear forces). These old, fear-based modalities are ultimately self-destructive for any nation, and for the human race as a whole, and must be replaced with IDT. So far, IDT is the only known, proven constructive approach.



Japan Prime Minister, Abe at the parliament

The military that deploys this powerful, human-resource-based technology disallows negative trends and prevents enemies from arising, and as a result, it has no enemies. No enemies means no war, terrorism and no insurgency.

The Time for Action is Now

IDT is the twenty-first century's leading-edge defense system. If Nigeria establishes IDT Prevention Wings of the Military, they will ease high tensions, reverse mistrust, crush hatred, create stability and permanently prevent war and terrorism. Extensive scientific research objectively says, "Yes, the system works." Why not use it in Nigeria? Time is running out. The best time to act is now, before Nigeria's perilous situation worsens.

Nearly 1,000 locations have published articles about Invincible Defense Technology. See this webpage for links to these articles <http://www.invinciblemilitary.org/articles/dr-david-leffler-publications.html>

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